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Extensive Guide Of Home Remedies



Synopsis

This book is an extensive guide on home and natural remedies and helps you prevent illnesses, constipation, help with migraine relief, as well as how to use natural remedies. The book contains a chapter on how to clean the home with natural cleaning products to prevent the spread of diseases and harmful bacteria. This safeguards you and prevents contagion from many illnesses that are caused due to the unclean environment. You will also find tips on how to prevent any food-borne diseases by shopping, handling, storing, cooking and chilling food the correct way with natural remedies. Apart from that, you will find effective home remedies that have worked for generations to cure and prevent a cold and flu, digestive troubles, constipation remedies, and how to get rid of a headache, while preventing skin and hair problems and a range of other common illnesses encountered in daily life. Natural Remedies Natural Laxatives How to get rid of a headache Constipation Remedies Migraine relief Cold Remedies and Throat Treatment Disease Prevention with Natural remedies

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Customer Reviews

I love using natural remedies for cleaning, pain relief, and other needs. I can find an abundance of them online with a simple search. This book is a compilation of many remedies but it seemed a bit sloppy. Not much detail was given as to what the items are and why they are good for each specific remedy. There were sometimes parts with strikethrough text and the same text written beside it. Some ingredients were very uncommon but most were readily available. Overall I can stick to searching online for my needs. This book is a little too basic and not detailed enough for my taste. It seemed as though this book was rushed to be put together and the quality lacks a bit. I received this item for free for providing my honest and unbiased review.

This book had a lot of good home remedies for many different things, some I'd heard of before and some I had not. I've been experimenting with essential oils and how they can be used for different health issues. This included some ideas for them. All in all the book was informative. I have shopped on for years and rely heavily on reviews. I have received some rather unkind comments by customers saying that if you are a reviewer that receives a discount that your review is worthless. I cannot speak for other reviewers but I did receive this product at a discount for an unbiased and honest review however I publish my true feelings whether good or bad. I too have read some reviews that I felt were fake and it makes it bad for those of us who are honest. My review is not influenced or manipulated in anyway by the seller. I strive to provide fair, thorough and accurate information about every product and each product is tested by myself or someone in my household. I also base my reviews on if I had paid full price for the item.

This book has tips on how to clean the home, tips on the kitchen cleaning, and much more. Then it has health NATURAL REMEDIES. Really, I found it helpful and love the easy to make household cleaner recipes in this book. Overall, I really like this book, however, I gave it 4 stars because it could be more detailed. If you want a helpful book that you can use for home remedies and making household cleaners yourself etc, then you might wish to consider this book.

With more people being aware of the side effects and alternatives and also a way to save money, this book contains some simple at home solutions that can help stretch a dollar or even help in a pinch. Right from the first chapter you are given a common sense review of cleaning your home, but then comes the good stuff. the recipes. The recipes are broken down by purpose and the reader is given a step by step measurement instruction on how to put it all together. I did give the drain

cleaner a try since drain cleaner in the store can be expensive, the results were not bad, the wait time after putting ingredients in drain varied but all in all a clear drain was the result. The counter shiner was another easy and effective recipe. There are many simple recipes in this book and it has become a great way to save money and teach the kids how everyday ingredients can be put together and form the things usually bought at store. The book offers a healthy and clean alternative.* I received this product for free in exchange for a honest review. *

I really enjoyed this book. It has so many great natural remedies to choose from. This book covers everything from household cleaning to skin and hair problems. Chapter one might be my favorite, it goes into such detail about germs and how to control the "filth" so to speak of our everyday lives. Some of the things chapter one covers are better ways to clean the kitchen, bathroom, and laundry areas of our home. It also gives a few recipes for homemade cleaners. I love that this book offers dozens of remedies, with natural ingredients, to cure illness such as cold and flu, digestive problems, and even headaches. I think this book is a great buy for someone like me who is just putting their foot through the door of home remedies. I will recommend this book to some of my friends.~I received this for free or at a discount in exchange for my honest and unbiased review.~

I am someone who loves to use natural or homemade products. I can't stand using chemicals to clean with and use medically in my daily life. The amount of information and remedies in here are amazing! We have everything from cleaning to helping earaches and toothaches. Many of the items listed as ingredients for the recipes I already own. I will definitely be using this guide when I want to make home remedies from now on. This is a good informative guide for anyone who wants to replace the chemicals they use daily in exchange for natural products that work just as well and in most cases even better! Each chapter discusses what you should be doing to prevent illness or what the chapter is about and then it lists the recipes. I was supposed to receive this guide for free but the code didn't work but I'm still wanted to leave my honest and unbiased review about this book.

For starters , this was an easy,successful download, I had no issues.As for the books contents, this is a great option for an essential oil beginner, or someone looking to get started. There are very useful tips and tricks that not everyone may know.This is the basics!! I received this Jim Hatfield Extensive Guide Of Home Remedies at a discounted rate for reviewing and testing purposes, however, all statements, experiences, and pictures are if my own,and of my own personal honest

Awesome extensive died of home remedies for every day use for your health for your home for your family I give this a five star. Try it today home remedies you will not be disappointed this is so extensive and a canna save you tons of money and give you ideas for the home specially now that spring cleaning time so what a perfect time to grab it. I received this item this kind of price for my honest opinion and I was so glad that I had the opportunity to do so and you will too thank you.

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